



JAFFA ORANGE, BANANA & SPINACH SMOOTHIE

Makes

2

Time

15
minutes

Level

Simple

Kcal

167
per portion

You will need

- 2 x Jaffa Oranges
- 1 x Banana
- 2-3 Blackberries (or any seasonal berry)
- 15g Spinach
- 1 TSP of Honey
- 375ml Coconut Milk

Our step-by-step guide

Step 1

Wash and roughly chop the spinach leaves. Peel the Jaffa Oranges and the banana.

Step 2

Add all the ingredients together in a blender or a mixer and blend them well. Once blended into smooth consistency, pour the smoothie into the serving glasses.

Step 3

Refrigerate and serve the Banana Orange & Spinach Smoothie once chilled.

Step 4

Enjoy!

USE THE HASHTAG
#JAFFAJOY

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