



JAFFA ORANGE AND COCONUT SMOOTHIE

Makes

2

glasses

Time

10

mins

Level

SIMPLE

Kcal

79

per portion

You will need

- 2 Jaffa oranges, peeled and chopped
- Juice of 1 lemon
- Juice of ½ a lime
- Juice of 1 pink grapefruit
- 1 tbsp coconut yoghurt
- ½ an avocado
- A few glugs of coconut water (or regular water)

Our step by step guide

Step 1

Combine all the ingredients into a blender and blend until smooth

Step 2

Add some ice to serve if you want to extra refreshing drink

Step 3

Enjoy!

MAKE YOUR OWN
#JAFFAJoy

Share your #jaffajoy today



@JaffaFruit



@lovejaffacitrus



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