



JAFFA BLISS BALLS

Makes

10

Time

25
mins

Level

SIMPLE

Kcal

58
per portion

You will need

1 x Jaffa Orange (Zest and Juice)
250ml x Almond Milk
65g x Pitted Dates
65g x Raw Almonds
65g x Natural Protein Powder
3 tbsp x Raw Cocoa Powder
1 tsp x Pure Vanilla Extract

TELL THEM IT'S
#JAFFAJoy
FOR TEA

Our step by step guide

Step 1

Place the pitted dates in a food processor and blend to a thick paste (adding a little water if necessary)

Step 2

Add the almond milk, protein, vanilla extract and cocoa powder, blending again until combined

Step 3

Add the whole almonds and the zest and juice of the orange (reserving some zest for rolling)

Step 4

Blend until the mixture is coarsely ground and starts to come together

Step 5

Take a tablespoon of the mixture in your hands and gently roll with your palms

Step 6

Place the remaining zest in a shallow plate and roll the balls in the zest

Step 7

Enjoy!

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